

# 《中文入门 100 句》

**100 Basic Chinese Sentences**

**AskZhang.com**

# 前言 Preface

中文作为世界上使用人数最多的语言之一，是跨越文化、连接心灵的重要桥梁。这份《中文入门 100 句》专为零基础学习者打造，精选日常沟通中最高频、最实用的核心句型，涵盖问候、购物、出行、餐饮等多个生活场景。每句话均配备完整标调拼音和通俗英文解释，无需复杂语法基础，跟着读音模仿、结合场景记忆，就能快速掌握基础表达，轻松开启中文交流之旅。愿这 100 句实用短句，成为你走进中文世界的第一把钥匙，让沟通不再有障碍，让学习充满成就感！

As one of the most widely spoken languages in the world, Chinese is an important bridge for crossing cultures and connecting hearts. This "100 Essential Sentences for Chinese Beginners" is tailored for learners with no prior Chinese experience, selecting the most frequently used and practical core sentences covering various daily scenarios such as greetings, shopping, transportation, and dining. Each sentence is accompanied by complete Pinyin with tone marks and plain English explanations. No complex grammatical knowledge is required — just imitate the pronunciation and memorize with real-life contexts, and you can quickly master basic expressions to start your Chinese communication journey smoothly. May these 100 useful short sentences be your first key to entering the world of Chinese, making communication barrier-free and learning fulfilling!

1. 你好！ - Nǐ hǎo! - Hello!
2. 早上好！ - Zǎoshang hǎo! - Good morning!
3. 下午好！ - Xiàwǔ hǎo! - Good afternoon!
4. 晚上好！ - Wǎnshàng hǎo! - Good evening!
5. 再见！ - Zàijiàn! - Goodbye!
6. 谢谢！ - Xièxie! - Thank you!
7. 不客气。 - Bú kèqì. - You're welcome.
8. 对不起。 - Duìbuqǐ. - Sorry.
9. 没关系。 - Méi guānxi. - It's okay.
10. 请问贵姓？ - Qǐngwèn guìxìng? - May I ask your surname?
11. 我姓王。 - Wǒ xìng Wáng. - My surname is Wang.
12. 我叫李明。 - Wǒ jiào Lǐ Míng. - My name is Li Ming.
13. 很高兴认识你。 - Hěn gāoxìng rènshi nǐ. - Nice to meet you.
14. 你来自哪里？ - Nǐ láizì nǎlǐ? - Where are you from?
15. 我来自美国。 - Wǒ láizì Měiguó. - I'm from the United States.
16. 你是中国人吗？ - Nǐ shì Zhōngguó rén ma? - Are you Chinese?
17. 是的，我是。 - Shì de, wǒ shì. - Yes, I am.
18. 不是，我不是。 - Bú shì, wǒ bú shì. - No, I'm not.
19. 你会说英语吗？ - Nǐ huì shuō Yīngyǔ ma? - Can you speak English?
20. 我会说一点英语。 - Wǒ huì shuō yìdiǎn Yīngyǔ. - I can speak a little English.

21. 我不会说中文。 - Wǒ bú huì shuō Zhōngwén. - I can't speak Chinese.
22. 请慢一点说。 - Qǐng màn yìdiǎn shuō. - Please speak slowly.
23. 请再说一遍。 - Qǐng zài shuō yíbiàn. - Please say it again.
24. 我听不懂。 - Wǒ tīng bù dǒng. - I don't understand.
25. 这是什么？ - Zhè shì shénme? - What is this?
26. 那是一本书。 - Nà shì yī běn shū. - That is a book.
27. 多少钱？ - Duōshao qián? - How much is it?
28. 这个很便宜。 - Zhège hěn piányi. - This is very cheap.
29. 这个太贵了。 - Zhège tài guì le. - This is too expensive.
30. 我想买这个。 - Wǒ xiǎng mǎi zhège. - I want to buy this.
31. 请给我那个。 - Qǐng gěi wǒ nàge. - Please give me that.
32. 在哪里付款？ - Zài nǎlǐ fùkuǎn? - Where to pay?
33. 可以用信用卡吗？ - Kěyǐ yòng xìnyòngkǎ ma? - Can I use a credit card?
34. 我现金不够。 - Wǒ xiànjīn bù gòu. - I don't have enough cash.
35. 谢谢惠顾！ - Xièxie huìgù! - Thank you for your purchase!
36. 请问洗手间在哪里？ - Qǐngwèn xǐshǒujiān zài nǎlǐ? - Excuse me, where is the restroom?
37. 左转。 - Zuǒ zhuǎn. - Turn left.
38. 右转。 - Yòu zhuǎn. - Turn right.
39. 直走。 - Zhí zǒu. - Go straight.

40. 不远。 - Bù yuǎn. - It's not far.
41. 需要帮忙吗？ - Xūyào bāngmáng ma? - Do you need help?
42. 我需要帮助。 - Wǒ xūyào bāngzhù. - I need help.
43. 今天天气怎么样？ - Jīntiān tiānqì zěnmeyàng? - How's the weather today?
44. 今天是晴天。 - Jīntiān shì qíngtiān. - Today is sunny.
45. 今天下雨了。 - Jīntiān xià yǔ le. - It's raining today.
46. 很冷。 - Hěn lěng. - It's very cold.
47. 很热。 - Hěn rè. - It's very hot.
48. 温度多少？ - Wēndù duōshao? - What's the temperature?
49. 我饿了。 - Wǒ è le. - I'm hungry.
50. 我渴了。 - Wǒ kě le. - I'm thirsty.
51. 我饱了。 - Wǒ bǎo le. - I'm full.
52. 我想吃米饭。 - Wǒ xiǎng chī mǐfàn. - I want to eat rice.
53. 我想喝水。 - Wǒ xiǎng hē shuǐ. - I want to drink water.
54. 这个好吃。 - Zhège hǎochī. - This is delicious.
55. 我不喜欢吃辣。 - Wǒ bù xǐhuān chī là. - I don't like spicy food.
56. 请给我菜单。 - Qǐng gěi wǒ càidān. - Please give me the menu.
57. 我要一杯咖啡。 - Wǒ yào yī bēi kāfēi. - I want a cup of coffee.
58. 再来一杯。 - Zài lái yī bēi. - One more cup.
59. 买单，谢谢。 - Mǎidān, xièxie. - Check, please.
60. 餐厅在哪里？ - Cāntīng zài nǎlǐ? - Where is the restaurant?

61. 我住在哪里？ - Wǒ zhù zài nǎlǐ? - Where do I live?
62. 这是我的房间。 - Zhè shì wǒ de fángjiān. - This is my room.
63. 房间很干净。 - Fángjiān hěn gānjìng. - The room is very clean.
64. 请打扫房间。 - Qǐng dǎsǎo fángjiān. - Please clean the room.
65. 几点了？ - Jǐ diǎn le? - What time is it?
66. 现在是九点。 - Xiànzài shì jiǔ diǎn. - It's nine o'clock now.
67. 我起床了。 - Wǒ qǐchuáng le. - I got up.
68. 我要睡觉了。 - Wǒ yào shuìjiào le. - I'm going to bed.
69. 我要出门了。 - Wǒ yào chūmén le. - I'm going out.
70. 我回来了。 - Wǒ huí lái le. - I'm back.
71. 你身体好吗？ - Nǐ shēntǐ hǎo ma? - How are you feeling?
72. 我很好，谢谢。 - Wǒ hěn hǎo, xièxie. - I'm fine, thank you.
73. 我有点不舒服。 - Wǒ yǒudiǎn bù shūfu. - I'm a little uncomfortable.
74. 我感冒了。 - Wǒ gǎnmào le. - I have a cold.
75. 哪里有医院？ - Nǎlǐ yǒu yīyuàn? - Where is the hospital?
76. 我需要看医生。 - Wǒ xūyào kàn yīshēng. - I need to see a doctor.
77. 这个是什么意思？ - Zhège shì shénme yìsi? - What does this mean?
78. 请写下来。 - Qǐng xiě xià lái. - Please write it down.
79. 我学习中文。 - Wǒ xuéxí Zhōngwén. - I study Chinese.
80. 中文很有趣。 - Zhōngwén hěn yǒuqù. - Chinese is very interesting.
81. 我有一个朋友。 - Wǒ yǒu yīgè péngyǒu. - I have a friend.

82. 我们是朋友。 - Wǒmen shì péngyǒu. - We are friends.
83. 祝你好运！ - Zhù nǐ hǎo yùn! - Good luck to you!
84. 生日快乐！ - Shēngrì kuàilè! - Happy birthday!
85. 新年快乐！ - Xīnnián kuàilè! - Happy New Year!
86. 恭喜恭喜！ - Gōngxǐ gōngxǐ! - Congratulations!
87. 一路平安！ - Yīlù píng'ān! - Have a safe trip!
88. 请坐。 - Qǐng zuò. - Please sit down.
89. 请站起来。 - Qǐng zhàn qǐlái. - Please stand up.
90. 请等一下。 - Qǐng děng yīxià. - Please wait a moment.
91. 我马上回来。 - Wǒ mǎshàng huílái. - I'll be right back.
92. 没关系，慢慢来。 - Méi guānxi, màn màn lái. - It's okay, take your time.
93. 这个很漂亮。 - Zhège hěn piàoliang. - This is very beautiful.
94. 我喜欢这个。 - Wǒ xǐhuān zhège. - I like this.
95. 我不喜欢那个。 - Wǒ bù xǐhuān nàge. - I don't like that.
96. 今天星期几？ - Jīntiān xīngqī jǐ? - What day is it today?
97. 今天是星期一。 - Jīntiān shì xīngqī yī. - Today is Monday.
98. 今天是几号？ - Jīntiān shì jǐ hào? - What's the date today?
99. 我忘记了。 - Wǒ wàngjì le. - I forgot.
100. 明天见！ - Míngtiān jiàn! - See you tomorrow!

## 结语 Conclusion

恭喜你完成这 100 句中文入门核心句型的学习！这 100 句话是中文日常沟通的基础，看似简单却能覆盖大部分生活场景。学习语言没有捷径，唯有多听、多说、多练，才能将知识转化为能力。不妨试着在实际交流中大胆运用这些句子，感受中文的魅力与沟通的乐趣。这只是你中文学习之路的起点，后续还有更多精彩内容等待探索。愿你保持热情、坚持积累，在中文学习的道路上不断进步，解锁更多沟通可能！

Congratulations on completing the study of these 100 essential sentences for Chinese beginners! These 100 sentences are the foundation of daily Chinese communication—simple yet covering most life scenarios. There is no shortcut to learning a language; only by listening more, speaking more, and practicing more can you turn knowledge into ability. Feel free to boldly use these sentences in real communication and experience the charm of Chinese and the joy of communication. This is just the starting point of your Chinese learning journey, and there is more wonderful content waiting to be explored. May you maintain your enthusiasm, keep accumulating, make continuous progress in learning Chinese, and unlock more communication possibilities!